

Annual Report 2020-2021

CSC Head Start of Lincoln County Child Development Services

The CSC Head Start vision is to...

Ensure successful school Dear Friends and Supporters, readiness goals and achievement for all children.

Form a compassionate, caring partnership with all Head Start parents, supporting them to achieve success and selfsufficiency with dignity.

Provide experiences for eligible preschool children to grow socially, emotionally, physically and mentally.

Support parents as the primary teachers, nurturers, and advocates for their children.



Report From the Director

Dr. Suzanne Miller, Director of CSC Head Start of Lincoln County

This past year has continued to be one of unprecented challenges. No one was spared the fears, frustrations and in many cases the sorrow of losing loved

We began the year in virtual mode and soon staff and families adjusted to this new mode of learning. By winter it seemed that the virus was overwhelming us, but we persevered. We looked forward to the early spring in the hopes we could begin in person. We found that a combination of in person and virtual services would help keep everyone as safe as possible as well as keep our classroom size small. proved to be the right choice as we did not have staff or children infected at school. If a family became infected they would let us know and isolate/quarantine at home.

We were relieved that our state and federal funders kept us fully funded during a time when all Head Starts across the state experienced underenrollment. People were moving out of state, living with family or due to job availability. Some parents decided to keep their children out of school entirely. We understood everyone's reasons for their hard choices.

As you will see from this report we worked hard to offer comprehensive services to our children and to our families who experienced not only the threat of the virus, but the effects of wildfires. We are proud of our partner agencies and friends as well as sister programs within CSC that provided for many urgent needs of our families.

When we ended this school year, we looked forward to the fall of 2021 being a new start with the threat of the virus behind us. We now face an even more extreme beginning with the spread of the Delta variant. We are ready to begin again in whatever form is best for everyone!

Mental Health and Disability Services

The 2020-21 program year proved to be extremely challenging for our community and enrolled families around mental health needs. CSCHS provided 43 children or family members needing additional social emotional support referrals to our local Mental Health Consultant 's (MHC). Staff also offered support internally if the family was already involved in counseling.

These mental health issues, along with the COVID-19 closure mandates, have left many of our families experiencing food insecurities, job loss and homelessness. In order to support families in the best way possible, all CSCHS staff received an intensive trauma informed approach

training called, "Interactions of the heart of healing." This evidenced based training increased staff's ability to better support children and families who have been affected by traumatic life experiences like the Echo wildfire, social distancing and Covid closures for safety. Staff also learned how to support families in their daily parent/child interactions and how this can profoundly effect the way the entire family processes trauma and moves beyond it.

CSC Head Start will continue to collaborate to bring services directly into our classrooms. These partnerships have led to greater emotional wellness, and support for all children.

This year, 16 or 10% of our enrolled children qualified for special needs services. This is exceptional given the difficulty with declining school enrollments county & state wide. CSCHS is also participating for the 2nd year in partnering with Early Childhood Special Education in a county- and state-wide pilot project to enhance inclusive teaching practices and positive child and family outcomes

Enrollment, Attendance, Meal & Snack Report

Month	Attendance	Breakfast	Lunch	Snack	Total Meals
September 2020	72.26%	0	134	0	134
October 2020	86.22%	0	266	0	266
November 2020	85.36%	0	191	0	191
December 2020	87.73%	0	136	0	136
January 2021	88.89%	0	121	0	121
February 2021	90.19%	0	122	0	122
March 2021	82.04%	459	617	439	1,515
April 2021	84.57%	658	831	589	2,078
May 2021	81.29%	535	660	513	1,708
June 2021	81.39%	220	234	234	688
Total for the year		1,872	3,312	1,775	6,959



Health

The Health and Nutrition Supervisor has been signed up for weekly COVID updates and educational handouts from Lincoln County Health and Human Services. We share these resources with Head Start staff and parents throughout the school year. These include additional WIC and SNAP benefits, countywide COVID vaccine eligible categories and schedules, vaccines waitlist, Lincoln County call center information, Oregon Health Authority (OHA) daily cases by county and state, hospitalizations, testing rates, deaths and mask and physical distancing education and many other community resources. Health and Nutrition Supervisor attends the Lincoln County Public Health Committee, meetings, where she shares pertinent information and the group makes recommendations related to any health matters that came up throughout the school year.

During the COVID pandemic for Health and Safety, we have stayed current and followed all federal, state and local guidelines including Occupational Safety and Health Administration (OSHA), Oregon Department of Education (ODE) Early Learning Division for Licensing's Health and Safety Guidelines for Child Care and Early Education Operating during COVID-19, Head Start guidelines, Oregon and Lincoln County risk levels and Centers for Disease Control and Prevention. We provided COVID training and education to all staff and families as new mandates came out during the pandemic.

HNS and assigned staff have ongoing orders for supplies including gloves, child and adult face masks, touchless thermometers, child hand sanitizer wipes for classrooms, spray hand sanitizer for drop off and pick up, touchless garbage cans and touchless laundry can for classrooms, kitchen and forays. HNS has kept up with updating health and safety forms and checklists as needed with input from multiple staff members, which included COVID Health Screening forms for children, staff and site visitors, Parent Agreement for Face Covering and COVID daily cleaning for the sites and classrooms.

Even while we were assisting families remotely due to the COVID-19 pandemic, we continued to receive completed Health and Dental Appraisals from our families and providers, as the health statistics chart on the following page demonstrates. There are increases in physical and dental exams resulting from Teacher/Advocates working with parents on a monthly basis.

This school year during the COVID pandemic OSU Extension presented to parents at a Family Meeting via zoom. OSU Extension Nutrition Program focuses on healthy eating and active living. We are pleased to have a great network of vital community partners.

ealth and Nutrition Supervisor (HNS) develops and maintains many community partnerships, effectively using resources such as Women, Infants and Children (WIC), Oregon Health Plan (OHP) and health and dental provider relationships. WIC's collaboration with Head Start allows us to better assist families served by both programs. HNS ensures services are not duplicated, accurate information about child's height, weight and hemoglobin count for iron anemia are collected and evaluated for follow-up by accessing WIC services. We all work together to find the best way to meet the needs of children and families in our community. The great dental provider relationships allow HNS to call dental offices to determine when children were seen, if they need dental treatment and whether or not treatment was completed.

Diana Warren, MPH, Health and Nutrition Supervisor



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Health

	Oct 2020	Nov 2020	Dec 2020	Jan 2021	Feb 2021	Mar 2021	Apr 2021	May 2021	June 2021	Prog. wide
# of enrolled children with up-to-date or all possible immunizations to date	105	106	106	132	132	144	148	152	152	152
# of enrolled children on a schedule of preventative and primary health care (up to date physical exam)	44	46	59	76	96	94	109	111	136	138
# of enrolled children with an ongoing source of continuous, accessible health care (Medical Home)	91	96	112	129	130	135	138	156	156	157
# of enrolled children completing professional dental exams	28	30	38	54	63	58	81	94	113	112
# of enrolled children with continuous, accessible dental care provided by a den- tist (Dental Home)	80	85	95	125	126	127	130	147	150	154

"Head Start is helping to educate and nurture our community's future leaders."

Pegge McGuire, Executive Director of CSC



Parent & Community Engagement

Success at Head Start hinges on strong relationships between families and our staff members. We partner with parents in developing new strategies to promote their children's learning and positive parentchild interactions. Parents share insights, concerns, and knowledge of their child helping CSC Head Start create effective individualized learning experiences for each child.

This year in particular reinforced one of CSCHS 's core beliefs that parents are their child's primary teacher

and nurturer. Parents stepped up during this year's virtual learning due to Covid mandates. Many parents committed to attending their child's zoom classes to support engagement and maximize learning. Parents reported that engaging in this manner was a positive experience where they learned their child's specific and unique developmental needs. With this new knowledge of their child, they also increased their ability to be strong advocates!

We know that children will grow and succeed as their families grow and succeed. This year we supplied 23 families with IPads in order to partner with families and create family goals that support well-being, community connections, and encourage leadership skills. For example parents can volunteer their time to be a Policy Council representative for their child's classroom or become a Policy Council (PC) Representative. PC reps work Directly with our Head Start Director to ensure Performance Standards are being fulfilled in a way that takes in to consideration their individual family needs and culture.

CSC Head Start takes great pride in the fact that we not only work with children, but also come along side parents to support them in achieving their hopes, dreams and goals for themselves and their families. Even in the midst of the Covid pandemic, families and staff worked closely and wrote 225 goals and completed 76% of those goals.

Families choose their goals which range from learning how

to balance home and work life to going back to school to complete their education. This year 148 or 66% of all goals were written around family well being. This large percentage is indicative of our families need for support in securing safe and permanent housing, overcoming food insecurities and staying safe and healthy during the devastating effects of the Covid pandemic.

The 2nd largest goals request from families was the desire learn more parenting strategies and tools. As a result CSCHS purchased a new evidenced based parenting curriculum called "Ready Rosie." Ready Rosie parenting curriculum is directly aligned with the Curriculum that Teachers use in the classroom. This will provide a perfect crosswalk from strategies being taught in the class to what parents can now use in their homes.

CSC Head Start is dedicated to partnering with families and our community to make a positive difference and together we made significant progress towards achieving this mission.

School Readiness & Transitioning to Kindergarten Andrea Lengel, Education Manager

he Head Start approach to school readiness: children are ready for school, families are ready to support their children's learning, and schools are ready for children. CSC Head Start (CSCHS) faithfully applies this approach in its work with children, families, and local schools to promote school readiness for each child.

Children are prepared for school by dedicated teachers, developmentally appropriate teaching strategies, research-based curricula and an assessment tool aligned with the Head Start Early Leaning Outcomes
Framework. We partner with families to prepare them for their child's entry into kindergarten. School readiness goals are reviewed with parents, activities for home learning are shared, and their child's progress is discussed throughout the year. Local schools are ready for incoming kindergarten children as kindergarten school year.

teachers attend Head Start Family Nights, meet with CSCHS teachers, and welcome CSCHS children and families to their new school during our annual fieldtrip (virtual tours provided by the school district were shared with families this year).

Kindergarten transition activities sponsored by CSCHS and Lincoln County School District (LCSD) connect children and families with their future school, begin positive relationships with future teachers, and promote a successful, happy start of school.

During non-COVID times, we receive Oregon Kindergarten Assessment scores for former CSCHS children who have entered kindergarten in LCSD. LCSD did not collect assessment data this year so we were not able to use this resource as we normally would. We hope to resume this method for understanding our transitioning children's progress next school year.

Families understand and appreciate the role CSCHS plays in school readiness for their child and for themselves, particularly this year due to the COVID-19 pandemic. Quotes below are from our Parent Survey question, "The best part of the program during this global pandemic was".

"[CSCHS] stood by our child's side and our family needs . . . I know that I had their support. The staff is always understanding and a very good support system for my child's learning."

"I had the opportunity to fall more in love with my son and to be able to support him in his learning."

"Our child was still able to see her class on Zoom. For us it was a new experience to learn together with her in her virtual class."

"The good attitude from the teachers no matter what"

Chool readiness skills listed below were generated in collaboration with community early childhood education programs, Lincoln County School District, and CSC Head Start.

Social-Emotional:

Regulates strong emotions; asks for help when needed Shares and has positive interactions with peers Takes care of self and belongings

Physical:

Uses writing/drawing tools with three-point finger grip

Retells and answers questions about stories Follows directions of two or more steps

Cognitive:

Concentrates & sustains work on age appropriate tasks Demonstrates sorting/classification skills

Literacy:

Book knowledge: orients book, turns pages, tracks text Produces 10 or more letter sounds

Recognizes 11 or more upper or lower case letters

Recognizes and writes first name

Demonstrates rhyming knowledge

Expresses self in complete 4-6 word sentences

Talks about present, past & future events

Mathematics:

Creates simple patterns Identifies numbers 0-10

Counts to 20

Identifies basic shapes

Uses positional words: under, beside, above etc.

Uses comparative words: more/less, heavier/lighter, etc.

CSC Head Start school readiness goals were selected from our assessment tool's learning objectives in alignment with Lincoln County school readiness skills and the Head Start Early Learning Outcomes Framework. 21 learning objectives with specific levels of development were adopted as our school readiness goals. The majority of levels of development selected for school readiness goals are on the high end of preschool learning expectations.

The table below shows the progress made over the program year by our children who are transitioning to kindergarten. Three times a year we review school readiness outcomes data in order to implement instructional strategies in the classroom and family engagement strategies to increase children's learning.

	Transitioning children meeting or exceeding school readiness goals						
	Fall 2020 Winter 2021 Spring 2021						
Social- Emotional	8%	28%	56%				
Physical	16%	26%	44%				
Language	26%	59%	76%				
Cognitive	49%	79%	89%				
Literacy	38%	49%	63%				
Mathematics	20%	46%	61%				

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Aggregated program-wide data for the 2020-21 school year:

In addition to tracking school readiness goal development for children transitioning to kindergarten, the developmental progress of all children is monitored and aggregated for 60 learning objectives. Our assessment tool provides widely held expectations for each age-group, three year olds and pre-kindergarteners, in six areas of learning. If a child's knowledge, skills, and behaviors are assessed at a level within the range for the child's age, the child demonstrates widely held expectations for the area of learning. Widely held expectations are not shown for the areas of science and technology, social studies, the arts, and English language acquisition, as research does not currently support definitions of expectations.

DEVELOPMENT & LEARNING	WIDELY HELD EXPECTATIONS FALL 20	WIDELY HELD EXPECTATIONS WINTER 2021	WIDELY HELD EXPECTATIONS SPRING 2021
Cognitive	Meets: 57%	Meets: 73%	Meets: 72%
	Exceeds: 0%	Exceeds: 4%	Exceeds: 15%
Mathematics	Meets: 50%	Meets: 64%	Meets: 70%
	Exceeds: 0%	Exceeds: 9%	Exceeds: 10%
Language	Meets: 47%	Meets: 60%	Meets: 66%
	Exceeds: 0%	Exceeds: 4%	Exceeds: 14%
Literacy	Meets: 61%	Meets: 68%	Meets: 79%
	Exceeds: 0%	Exceeds: 9%	Exceeds: 10%
Physical—Fine &	Meets: 69%	Meets: 77%	Meets: 69%
Gross Motor	Exceeds: 4%	Exceeds: 14%	Exceeds: 28%
Social & Emotional	Meets: 53%	Meets: 68%	Meets: 69%
	Exceeds: 4%	Exceeds: 4%	Exceeds: 18%

SC Head Start provides early learning instruction in 10 areas of development and learning aligned with the Head Start Early Learning Outcomes Framework.

<u>Cognitive</u>: child initiative, curiosity, engagement, persistence, problem solving, and symbolic representation.

<u>The Arts</u>: music concepts, visual arts, dramatic play, creative movement and dance.

Mathematics: numbers and operations, geometry, patterns and beginning measurement concepts.

English Language Acquisition: receptive and expressive English language skills.

Literacy: book appreciation and knowledge, phonological awareness, alphabet knowledge, early writing and print concepts.

Science & Technology: prediction, observation, description, explanation, classification, and questioning skills.

Physical: physical health status, health knowledge and practices, gross and fine motor skills.

<u>Social—Emotional</u>: social relationships, self concept, self regulation, emotional and behavioral health.

End of Year Celebrations

elebrations were not able to take place in a typical way this year due to the COVID-19 pandemic; however, teachers found new ways to celebrate while keeping everyone safe. Teachers took pictures of children in a cap and gown and put together take home bags with goodies and educational materials to continue learning over summer. Caps and gowns anticipate and promote many graduations to come for each child. CSCHS also shared kindergarten transition activities that will be put on by the school district (i.e. LIFT program) to all parents with a transitioning child.

In September, 71 CSC Head Start children will be entering kindergarten. A bright future of continued learning awaits them. We wish each child and family well and thank them for being a part of our Head Start family.

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Safety Rues

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Financial Report

	ANNUAL REPORT - FY 21 UNAUDITED	BUDGET - FY 22
REVENUES		
HEAD START - FEDERAL	1,596,225	1,732,532
FEDERAL CSBG	0	75,000
FEDERAL SCHOOL NUTRI- TION	75,316	149,167
OREGON PRE- KINDERGARTEN	698,088	698,088
MISCELLANEOUS REVENUE	14,549	0
Total Revenues	2,384,178	2,654,787
EXPENDITURES		
SALARY	1,250,553	1,177,702
FRINGE BENEFITS	751,302	727,858
TRAVEL	1,252	3,000
SUPPLIES	70,105	33,000
TRAINING	24,535	22,000
OTHER	286,431	691,227
Total Expenditures	2,384,178	2,654,787

Note: These figures are unaudited, our Comprehensive Annual Financial Report which will include Head Start, will be available via the CSC website once completed.

https://communityservices.us/wp-content/uploads/2021/06/csc-annual-report-2020.pdf

Prepared by Connor Lyons



CSC Head Start In-Kind

olunteerism is a foundation for Head Start.
Family and community involvement ensures success in so many areas. Our In-Kind hours are essential to help us match federal dollars that we receive. We are committed to increasing volunteerism at our three CSCHS sites. Please

contact a Head Start site in

Toledo at 541 -336 -5113, Newport at 541- 574-7690

Lincoln City at 541-996-3028.

All volunteers must have a background check and meet health requirements.

Donations are tax-deductible!

Month	Total # of Volunteers	Total hrs.	\$ Value
July—August 2020	79	105.5	\$ 1,405.26
September 2020	46	63.75	\$ 849.15
October 2020	38	54.25	\$ 722.61
November 2020	78	94.0	\$ 1,252.08
December 2020	12	9.0	\$ 119.88
January 2021	56	73.25	\$ 975.69
February 2021	95	135.50	\$ 1,804.86
March 2021	46	52.00	\$ 692.64
April 2021	119	185.75	\$ 2,474.19
May 2021	37	42.25	\$ 562.77
June 2021	9	9.5	\$ 126.54
Total for the year	199* Comprised of repeat	824.25	\$10,979.01

DISTANCE LEARNING ONLY Sept. 2020-Feb 2021	Total # of volunteers	Total Hrs.	\$ value
CSC Head Start Lincoln City	52	1,629.5	\$21,704.94
CSC Head Start Newport	53	1,636.5	\$21,798.18
CSC Head Start Toledo	31	966.5	\$12,873.78
Parent/Guardian asst. child with education (Zoom or Ed. Packet)	136	4,232.5	\$56,376.9

CSC Head Start THANK YOU to Community Partners and others

Newport Public Library for free book & goody bags, Local Quilting Club for napping blankets,

Fire Department for Family Night gifts, Capital Dental for tooth brushes and Tooth paste for children.

Chapel by the Sea for use of parking lot and Angle Tree for Christmas gift for Lincoln City children.

COMMUNITY ASSESSMENT UPDATE 20-21

At this time due to Covid 19, it is not possible to do a full or even partial community assessment in a formal manner. There have been challenges in our county, the state and the nation that has contributed to the changes in our demographics and will continue to do so. Many families have relocated due to loss of employment a wish to be closer to families in other states and even loss of their homes due to wildfires. While we have a general update in order to report to our funders, we would only public a formal update when that is completed with as current information as possible. In short we are as a Head Start and as a community in a state of fluidity.

We plan to have a full Community Assessment completed in the Spring of 2022. In the interim CSC has done the full Community Assessment which will be available on that website in the Fall of 2021.

GOVERNING BOARD ROSTER 2020-2021

The Governing Board is comprised of the nine commissioners in CSC's service areas -

Linn, Benton, and Lincoln Counties of Oregon.

Terms end only when members are not re-elected in their respective counties.

Linn County

Commissioner Roger Nyquist, Vice Chair

Commissioner Sherrie Sprenger

Commissioner Will Tucker

Senior Administrative Asst.: Marsha Meyer

Administrative Assistant.: Heather Gravelle

Benton County

Commissioner Xan Augerot

Commissioner Patrick Malone

Commissioner Nancy Wyse

Administrative Specialist: JonnaVe Stokes

Lincoln County

Commissioner Claire Hall, - Chair

Commissioner Doug Hunt

Commissioner Kaety Jacobson

Executive Assistant: Kristi Peter

POLICY COUNCIL 2020/2021 Elected by Parents annually-except for Community Representatives

Chair: Brendon Jones Vice Chair: Kandi Barker Secretary: Sarah Stinson

Oliva Guitron

Pastors Wendy and Mark Olson—Community Representatives

Chapel by the Sea

Lincoln City

We thank you Commissioners and Policy Council members for their service, their commitment and dedication